

Hispanic Outreach Program for Elders (H.O.P.E.)

Friday July 17, 2009

Agency on Aging of South Central Connecticut

Boardroom

One Long Wharf Drive

New Haven, CT

12:00 pm



Come, Lunch & Learn

We invite you to participate:

- ◆ Latinos in the United States have higher rates of vascular disease, so they may also be at greater risk for developing Alzheimers.
- ◆ According to a growing body of evidence, risk factors for vascular disease – including diabetes, high blood pressure and high cholesterol – may also be risk factors for Alzheimers and stroke-related dementia.
- ◆ While we don't know yet what causes Alzheimers disease or exactly how these conditions and dementia are connected, what we do know are that there are things you can do.
- ◆ Focus on the unique needs of this section of the Latino population

To reserve your space, call 1-800-994-9422. Please respond by 7/11/09

Ethnic food will be served for lunch

Key Speaker:

Licet Valois V., MSW, MPS is the Latino Outreach Manager at the Alzheimers Association, New York City Chapter. As a bilingual gerontologist, she has been working with the aging population from different perspectives. For the last seven years, she has been working with people with dementia and their caregivers at different levels; starting from outreach and education, up to counseling and concrete services. Licet believes in empowering seniors to pursue quality of life as they grow older regardless of possible limited support or the barriers they might encounter. She is passionate about influencing at any level (education, referral, diagnosis, counseling or support etc), the lives of people afflicted or affected by Alzheimers disease. Licet is highly devoted to educate not only the Latino community, but the community in general, about Alzheimers disease and its implications in the welfare of the individual and his/her family. Licet is a member of the National Association of Social Workers, the American Society on Aging, Latino Alzheimers Coalition of New York and New York Mental Health Association, Latino Center on Aging Task Force, League of United Latin American Citizens. Her education includes a masters in social work from Hunter College, a masters in clinical counseling from NYIT and a post-graduate certificate on Aging and Mental Health from Brookdale Center on Aging.